

Recipe for Mrs Krishnan's Pepper Dhal

RECIPE

(Serves 10)

500g pink lentils

- 1 litre of boiling water
- 3 chopped tomatoes or half a tin
- 2 Tbs of rice bran oil
- 1 small onion chopped
- 2 gloves of garlic
- 1 dried red chilli
- 1 tsp cumin seeds
- 1 tsp turmeric
- 1 tsp garam masala
- 2 tsp salt (or to taste)
- 1 tsp white pepper

METHOD

Put lentils, tomatoes and bruised whole cloves of garlic into a large pot of boiling water and simmer till lentils are soft (15-20mins). Stir occasionally to stop from burning.

5 minutes before lentils are ready, heat oil in a frying pan and add onions and sauté till translucent. Add all the spices except white pepper and salt to the onions and stir for a minute.

Tip the onion spice mixture into the pot of lentils and simmer for five minutes. Add salt and white pepper.

For added deliciousness add a dash of white vinegar and a big knob of butter right at the end and sprinkle with chopped fresh coriander. Yum!